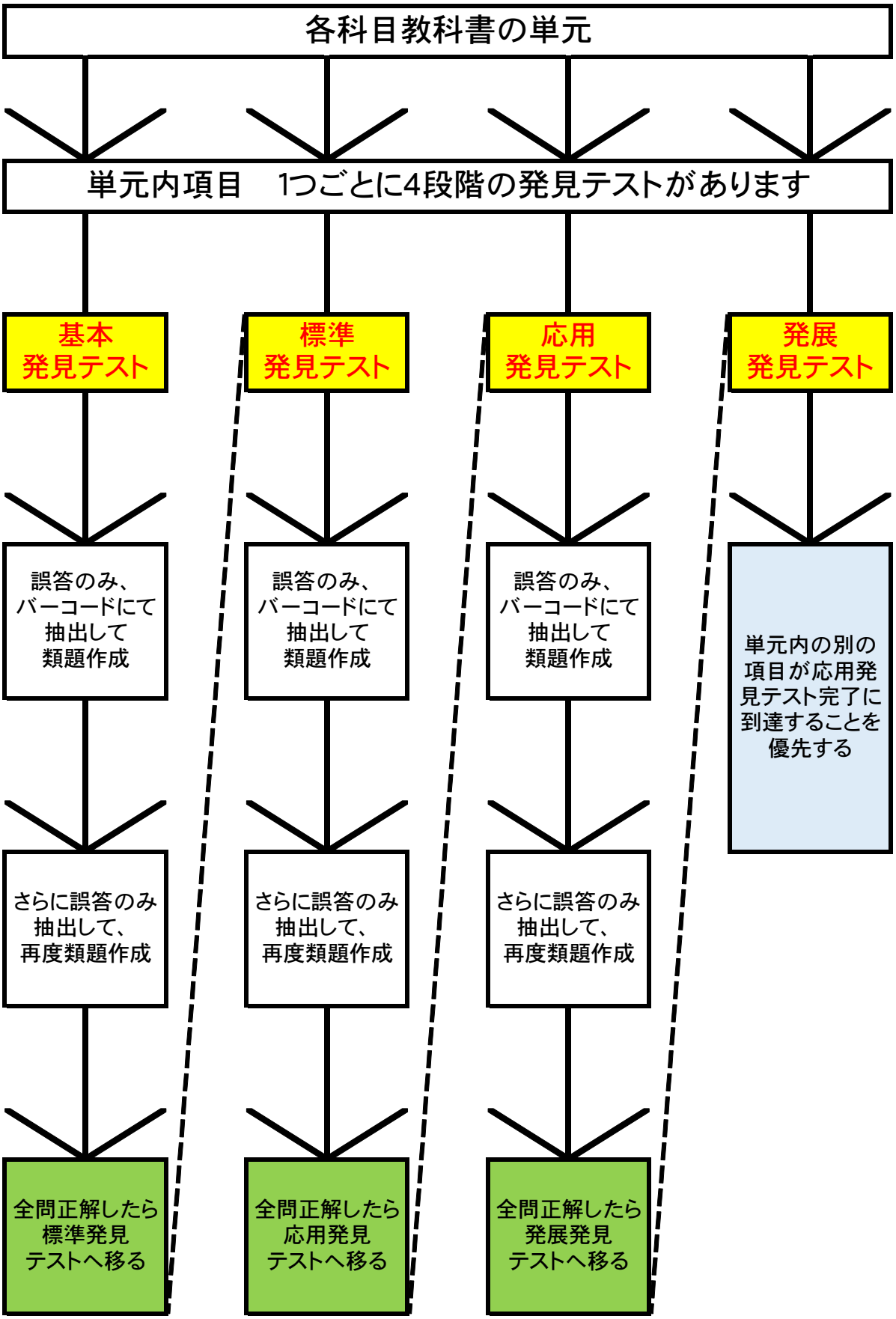Q&A　アレルゲンケアー　学習手順図